

Education and Experience:

Registered Social Worker
Ontario College of Social Workers

Bachelor of Social Work
Ryerson University

Collaborative Divorce Specialist

Certificate (Child Sexual Abuse and
Child Welfare)
University of Connecticut

Hypnotherapy Certification

York Region Abuse Program
Clinical Director

Developed Group Treatment Programs
for Child and Adult survivors, Parent
and Offenders of Sexual Abuse

Member of Teaching Team for Sexual
Abuse Internship Program for
Professionals

Training for Therapists and Helping
Professionals

Clinical Supervision

Aurora Location
20 Victoria street
Aurora, Ontario
289-338-0551

Email: barbara@bbrowne.ca

www.bbrowne.ca

Barbara Browne

BSW RSW

Registered Social Worker
Registered Hypnotherapist



**Individual Couple Family Counselling
Consultation**

Richmond Hill 905-737-8213
Aurora 289-338-0551

barbara@bbrowne.ca
www.bbrowne.ca

Individual Psychotherapy

Couple and Marriage Therapy

Family Counselling

- ▶ *Grief Counselling*
- ▶ *Depression and Anxiety*
- ▶ *Addictions*
- ▶ *Child and sexual Abuse*
- ▶ *Trauma Therapy*
- ▶ *Work Issues*
- ▶ *Parenting Issues*
- ▶ *Separation and Divorce*
- ▶ *Family Violence*
- ▶ *Stress and Anger Management*
- ▶ *Child and Teen Guidance*

“I have seen several therapists and have struggled with issues of trust, shame and an inability to connect with my feelings. With the caring support of Barbara, I am finally feeling safe enough to do the work I need to. She is forthright, skilled, accepting, respectful, very tolerant around my anxieties. I feel very encouraged by her, and recommend her wholeheartedly.

I made you my choice from a number of therapists I spoke to, because of your patience!”

A.R.E

Barbara Browne



Barbara Browne is a Registered Social Worker in practice for over 30 years. She is passionate about her work as a Therapist with Individuals, Couples and Families.

As a therapist Barbara is skilled in helping clients move from dealing with difficulties and working toward lasting solutions. She helps people with relationship difficulties, anxiety, depression, grief, family & teen problems, separation and divorce counselling for both adults and children. Barbara is a highly skilled couples therapist and she enjoys helping clients to create happy and satisfying marriages and partnerships.

Barbara is a Collaborative Divorce/Family Specialist working as a Parent Coach and Child Specialist. She has the expertise needed to help parents to create healthy Parenting Plans for the future of the children.

Barbara has special interest and vast expertise in helping those affected by Trauma, Sexual Abuse and Family Violence.

Hypno-Therapy

Technique available upon request. Empowers the client to take control of emotional health by taking the profoundly exciting road to self-discovery.

Trauma and Abuse
Stress and related illness
Anxiety and Depression
Addictions
Eating disorders
Pain Control

Benefits of Hypno-Therapy

Deep ~ profound effects
Brief ~ method of therapy
Connects ~ mind, body, spirit
Healing ~ brings optimal health

“having been to three other therapists it was always talking...nothing changed. Results with hypno-therapy are apparent from each and every session!

People who are close to me have noticed that my symptoms have been reduced.”

John